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Presentation title: Music therapy for dementia in context of wider dementia psychosocial research

Abstract:

Music therapy and music activities are widely acknowledged as beneficial for the wellbeing of people with dementia. However, differentiating between music therapy and other music-based interventions is not straightforward, as reflected in the recently updated Cochrane review on 'Music-based therapeutic interventions for people with dementia'. This presentation explores the current position of dementia music therapy research in context of wider dementia psychosocial research and how music therapy specific skills and techniques may contribute to provision of holistic care for people with dementia. Our recent systematic review on dementia psychosocial interventions will be summarised in relation to potential contribution of music therapy research in the future. Finally, recommendations for music therapy skill-sharing in practice will be discussed.