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Presentation Title: Music therapy: A salutogenic approach of health and healing implemented into regular medical care in health care system in an Indian context

Abstract:

This presentation details on the salutogenic frame work integrated into medical sciences with which the Center for Music Therapy Education and Research (CMTER), a unit of Sri Balaji Vidyapeeth, a health sciences university at Pondicherry, India operates towards a patient centered model of holistic care. Music therapy services are offered as a part of regular medical care by focusing on factors influencing health and healing and not on the factors causing the disease or just the treatment (Pathogenesis). An optimum healing environment in CMTER serves to support pluralistic model of health care through offering music therapy as one of the patient care services. The clinicians are encouraged to use music therapy services as a complementary medical practice, wherever there is a need. The young medical professionals pursuing master's degree in various clinical specialties not only observe and participate in the process of integrating music therapy services into patient care, but also, are encouraged to engage in simultaneous research to build evidence and to create and support evidence-based data in music therapy. The interdisciplinary collaborative practice, research initiatives and the training programs offered through CMTER are highlighted. The clinical outcomes on the Indian music healing traditions and practices integrated as therapeutic interventions are monitored and evaluated for evidence with the complete understanding that music therapy cannot be considered as a complete science. The presentation presents on the progress made to develop a reliable, validated healing environment in the hospital attached Mahatma Gandhi Medical College and Research Institute, Pondicherry at the Sri Balaji Vidyapeeth campus to increase patient satisfaction and improve health care delivery outcomes. Videos are used to support the presentation content.